What is claimed:

1. A method of making solid activated aluminum-zirconium composition having a metal/chloride ratio of about 1.2 to about 1.3 comprising:

   i) heating 8-20% by weight basic aluminum halides or nitrate of the formula:

   $$Al_2(OH)_{6-a}X_a$$

   wherein X is Cl, Br or NO_3, wherein a is from about 1 to 1.5 from 50^0C, to about reflux for about 2 to 20 hours and cooling to RT, mixing with small amount of $AlCl_3$ or HCl or a mixture there of $AlCl_3$ and HCL at about RT for a period of about 5 minutes to about 30 minutes,

   ii) mixing with the solution of a zirconium glycine compound of the formula:

   $$ZrO(OH)_bX_{2-b}Ac$$

   wherein b is a numerical number from 0 to 0.7, X is Cl, Br or NO_3, A is an amino acid, c is a number from 0.8 to about 1.2 and

   iii) drying the blended solution of (i) and (ii) to a solid.

2. The method according to claim 1 wherein the amount of $AlCl_3$ added is such that the weight ratio of aluminum in basic aluminum halides to the weight of $AlCl_3$ (32°Be) is about 0.5 to about 10.

3. The method according to claim 1 wherein the amount of $AlCl_3$ added is that the weight ratio of aluminum in basic aluminum halides to the weight of $AlCl_3$ (32°Be) is about 3 to about 5.

4. The method according to claim 1 wherein the mixing time of activated aluminum component and $AlCl_3$ is about 1 to about 5 minutes.

5. The method according to claim 1 wherein the mixing time of activated aluminum component and $AlCl_3$ is from about 25 to about 30 minutes.
6. The method according to claim 1 wherein the amino acid is glycine.
7. The method according to claim 1 wherein the molecular ratio of glycine to zirconium is 1.
8. An activated Al-Zr composition having a metal (Al+Zr) to chloride molar ratio of about 1.20 to about 1.30 and aluminum to zirconium atomic ratio of about 2 to 10 with at least 10% Al species at chemical shift about 0 ppm and at least 2% Al species at chemical shift about 63 ppm by ^{27}Al NMR.
9. A composition according to Claim 8 wherein the composition has about 20% HPLC Band IV.
10. A composition according to Claim 8 wherein the composition has a HPLC Band III/II area ratio of about 1.
11. A composition according to Claim 8 wherein the composition has amino acid to zirconium mole ratio of about 0.8 to about 1.2.